



TCU[®]

STUDENT AFFAIRS

Student Development
Services

It's What Horned Frogs *Do*.

WHAT: Campaign Promoting a Pay It Forward Lifestyle

WHY: Further the TCU mission | **Give. Engage. Serve.**

WHO: Students, Faculty, Staff, Alumni and Friends

HOW: Post | **Hashtag** | Share your Experiences

#FrogItForward • **FrogItForward@tcu.edu**

Frog It Forward on *Campus*

- PAY** for someone's coffee or tea behind you in line
- SHARE** a study space and make a new friend
- PICK** up trash you see on campus
- SPEND** time volunteering at KinderFrogs
- HELP** a fellow Horned Frog prepare for a test
- TAKE** a box of donuts to your 8 a.m. class
- DO** something special for a faculty or staff member
- GIVE** another driver your parking spot
- SHOW** kindness by opening a door, smiling at others and encouraging fellow Frogs

Frog It Forward in the *Community*

- BE** the person who puts a tip in the tip jar
- CONTRIBUTE** time to a local neighborhood
- LEND** someone a hand when you see them in need
- RECOGNIZE** a good deed of a friend or stranger
- SUPPORT** the local community and give back
- CHOOSE** a non-profit to commit to consistently
- INSPIRE** others by serving the homeless
- CONNECT** with organizations like *SteerFW* and *The Net* to help impact our City

use #FROGITFORWARD to share!